

THE HUMAN SPIDERS WEB BRIEF FOR FACILITATORS

Key Themes	Teamwork and Communication
Participants	Any number
Timings	Suggest 15 to 20 minutes for activity + debrief time
Materials Required	None

Overview

Great for breaking down barriers, working as a team and re-energise participants during an event.

Running the activity

- Ask participants to gather into a circle and stretch out their left arm.
- They should then hold the left hand of the person standing roughly opposite them.
- Now they need to stretch out their right arms and hold the right hand of the person roughly opposite them.
- Explain that they have to untangle themselves without letting go of anyone's hands.
- Add extra pressure by giving a time limit such as 10 minutes.
- (When completed, they will end up in a circle, holding the hands of the persons next to them)

Suggested Review Questions

- What were their feelings on hearing what they had to do?
- What worked well/not so well?
- What planning took place?
- How effective was their communication?
- Was a leader appointed – would this have helped?
- Was everyone listened too?
- What have they learnt from this activity?

