

BEHAVIOURAL DRIVERS STATEMENTS



Read the statements and decide how accurately they describe you.

1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Always

1	I hide my feelings if I possibly can	
2	I have a tendency to start things and not finish them	
3	My work pattern shows me working fastest as time scales are due	
4	I want everything I do to be perfect, no matter how long it takes	
5	I feel it is up to me to make others feel good	
6	Once I have decided something, I find it hard to think and answer questions	
7	If I'm busy with something, I find it hard to think and answer questions	
8	I talk so fast that people have difficulty following	
9	When I'm telling somebody something, I like to be sure I've got it exactly right so they understand all the details	
10	I tend to agree to do things, even when I don't want to	
11	I prefer to manage without asking anyone for help	
12	I keep on going with tasks, hoping this time it will work	
13	I have trouble finding the time to do the things I want to do	
14	Even if I do well, I know I could do better	
15	It's important to me that everybody likes me	
16	When things get out of hand, I feel I'm the one who has to keep calm	
17	No matter what I do, nothing works out the way I want it to	
18	Whatever I'm doing, I'm thinking about the next thing I've got to do	
19	I set myself high standards, then criticise myself for failing to meet them	
20	I worry about what people might be saying about me	
21	I have a tendency to just keep going and ignore how tired I am	
22	I think things are only worthwhile if you've worked hard for them	
23	I like to get to appointments/meetings with time to spare	
24	I tend to tell people when they are wrong	

Template Tool



BEHAVIOURAL DRIVERS STATEMENTS

25	I tend to do things for others that I don't really want to	
26	If somebody gets upset, I either make a joke of it or tell them to pull themselves together	
27	I expect people to work their hardest and make sure everything's right	
28	I hate waiting around for people to finish things, so I often end up doing them myself	
29	I sometimes miss deadlines because I need longer to check my work	
30	I am easily persuaded	
31	I put up with difficulties without complaint	
32	I compare myself competitively with others	
33	I tend to wait until the deadline is near before I work on a task	
34	The best way to make sure something is done properly is to do it myself	
35	I like others to get what they want, so I try to anticipate their wishes	
36	It's important to be strong, no matter how bad you feel inside	
37	I am good at seeing the whole scope of a task and showing initiative	
38	I tend not to let people finish what they're saying before I interrupt or finish their sentence for them	
39	When I doodle, they rapidly become perfectly symmetrical	
40	I enjoy encouraging people and doing things to help them	
41	I put myself in the position of being depended upon	
42	I become interested when hearing what work others are involved in	
43	When I ask something, I don't like waiting for a reply; I want to know at once	
44	I regularly make more than one draft of reports before submitting them	
45	I dislike conflict and will seek ways to avoid it	
46	Saying 'no' to others is a sign of weakness	
47	I often choose to do more than one thing at a time	
48	I enjoy having lots to do (even if I complain about it sometimes)	
49	I plan ahead thoroughly so that I am ready for any problems that arise	
50	If I have to ask a favour, I'm quiet and meek about it	

Template Tool



BEHAVIOURAL DRIVERS RESULTS

	Be Strong	Try Hard	Hurry Up	Be Perfect	Please People
1	2	3	4	5	
6	7	8	9	10	
11	12	13	14	15	
16	17	18	19	20	
21	22	23	24	25	
26	27	28	29	30	
31	32	33	34	35	
36	37	38	39	40	
41	42	43	44	45	
46	47	48	49	50	
Total:	Total:	Total:	Total:	Total:	Total:

Template Tool