

Women in Leadership Programme

Programme Overview

Summary	<p>The programme starts with a deep challenge and reflection on what it means to be an authentic leader for each individual; participants are encouraged to examine their own values, mindset, self beliefs and core purpose as a leader at Network Rail. Building on this, participants explore key themes identified as pertinent to female leaders including:</p> <ul style="list-style-type: none">• Career Management• Networking• Confidence and Resilience• Personal impact <p>Small group work in the discovery sessions provides a unique and insightful development experience where participants receive group coaching from their peers in a supportive and collaborative environment.</p>
Style and Approach	<p>A practical experiential learning sessions with a modern approach to learning which is professional and engaging.</p>
Programme Structure	<p>4 Days- split over 2 modules, plus 1:1 and group coaching sessions</p>
Audience	<p>Band 3, or equivalent , managers</p>
Group size	<p>20 Participants</p>

Programme Overview

Topics and Sessions

- Personal Values
- Personal Brand
- Authentic Leadership
- Networking
- Career activism & Planning
- Balance and energy
- Resilience
- Managing Boundaries
- Mindset, beliefs and unconscious bias
- Self advocacy
- Influencing
- Personal stakeholder management
- Communicating with impact

Programme Outcomes

- Develop self-awareness, personal and professional development skills
- Understand their core strengths and use them to enhance their leadership capability
- Broaden impact and ability to influence
- Enhance their power to communicate and negotiate in challenging situations
- Develop their personal capability to build trust and leadership
- Build critical partnerships and network
- Take charge of their career

How to Apply:

You can self-nominate via Oracle.